



Initial Info – School Nursing Staff

Do you have 1 hour to take part in an interview about your role in the health of children? The interview is part of a study being run by the University of Salford. More information below:

What is the study about?

The study hopes to develop inclusive school nursing practice, through exploring the experiences of different groups of people, around the subject of children's weight.

This subject can be very difficult to discuss, and many people have experienced judgement/stigma around their weight or their child's weight. This study has a strong focus on inclusivity and acceptance and is not concerned with weight loss or passing judgement on the body shapes or sizes of those involved.

Who do I want to speak to?

School Nurses and members of the school nursing team that work within diverse areas. I'd be keen to speak to anyone that has worked with families around the subject of childhood 'obesity' or 'healthy weight'.

School nursing staff that have worked with children and families from Black African or Caribbean backgrounds or who themselves are from a Black African or Caribbean background would be very welcome.

School nursing staff that have had particular success or challenges around the NCMP, or 'healthy weight' or 'healthy lifestyle' work with schools would also be very welcome.

What will it involve?

1 hour interview – either face to face or on video call (Teams/Zoom/WhatsApp). The interviews can be done on your own, or as a group with other staff members in your team.

What are the benefits?

I cannot compensate you financially for your time, but I am hoping to produce some best practice guidance notes at the end of my research to be shared with any members of school nursing staff that take part. I am hopeful that the study will impact on school nurse education and therefore benefit our communities and schools in the long run.

Why do I want to speak to you?

The study focuses on children with bigger bodies and their experiences of food, culture, stigma, or discrimination. It seeks to understand the role of the school nurse and schools in promoting health in children with bigger bodies and ensure that school nursing practice reflects the needs of a diverse range of people.



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I want to understand more about the experiences of Black African or Caribbean people, as they are not represented well in research, and I think it's important that school nursing practice reflects those experiences.

Who is leading the study?

My name is Miriam Collett and I am a student on a Professional Doctorate programme at the University of Salford. I am a Registered Children's Nurse, SCPHN School Nurse and have over 20 years' experience working with children and families from a diverse range of backgrounds. I am passionate about developing a more inclusive and supportive health care system, that reduces the inequalities experienced by many different people.

If you would like to take part, or like more information please text or WhatsApp me on 07882892026 or email me at m.collett1@salford.ac.uk.