



0-19 Research Network Quarterly Newsletter

Dear 0-19 Network Member,

Welcome to the 5th edition of our quarterly newsletter, keeping you up to date with what is happening in the Network, and with developments in the wider world of SCPHN research. This newsletter is written by Louise Wolstenholme, Lisa Manlove and Tracey Long.



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Please do share this newsletter with your colleagues.

New members can join here: [0-19 Research Network Membership](#)

Network update

As you may be aware, we have received funding (2022-2024) to host and evaluate the 0-19 Research Network and to develop a champion programme, to enable Research Champions to set up Communities of Research Practice (CoRP) in their areas. At the heart of this we have 2 core aims:

- To support and increase the participation and recruitment of children and families in public health research, with a focus on those underserved populations (research delivery).
- To increase research engagement and capacity of public health professionals working with the 0-19 age group (research capacity building).

What we have been doing to meet our aims as a Network:

The Research Champions continue to run their individual community of research practice across the region, and it is clear to see how the champions have developed both personally and professionally.



On the 11th of December, the Research Champions alongside the 0-19 Research Network leads held their first Community of Research Practice (CoRP) meeting. Forming a collective of 0-19 Research Network leads from across region, representing their individual CoRP's. This has been a natural progression for the Research Champions, and we will update you around this as we move forward with this new CoRP.

Tracey and Louise attended the iHV Leadership Conference 'Leading in a Complex World' in London alongside Research Champion, Sarah Lawley, our presentation was on developing research leaders. It was a fabulous opportunity for us to highlight our individual roles in research leadership within 0-19 research practice.

The two-year funded project ending in March is nearing the end evaluation point and we are hoping to share our findings in due course.

A collaborative approach:

The Network happens because of a great team of people all striving towards the same goal: to make the Network a success so that we can achieve our aims. We continue to work with:

Victoria Jackson, Senior Programme Manager -Projects and Evaluation, Institute of Health Visiting

Vicky Gilroy, Head of Projects and Evaluation, Institute of Health Visiting

Gill Kelly & Sinead Coleman, SCPHN course leaders Leeds Beckett University

Heidi Fewings, 0-19 Service manager, Hull 0-19 Integrated Public Health Nursing Service

Sharon White, SAPHNA

Kate Atkinson, Deputy RDM CRN

Gillian Gatenby, R&I Associate Director, Sheffield Children's NHS Foundation Trust

Katie Hobbs, Administrator, Sheffield Children's NHS Foundation Trust



Updates from the Network

Attendance at the RDaSH Grounded Research Conference

At the Grounded Research Annual Conference 2023, 'Be part of Grounded Research', Research Champion Janet Greenwood and Network facilitators Tracey and Lisa attended.

They contributed to the event by facilitating a tabletop discussion which generated lots of reflections, ideas, and potential for research in 0-19 practice. It was particularly useful to discuss with service users how we can better engage with them in research.



The following posters were also presented by network members:

Poster 1 - The 0-19 Research Network Yorkshire & Humber.

Poster 2 – Doncaster Health Visitors Facebook page: A Service Evaluation.

Poster 3 – Community of Research Practice: A Children’s Care Group and Grounded Research Collaboration.

Poster 4 – Transition to Adoptive Parenthood.



Congratulations to Network members Sophie Uzelac, Leana Gater and Tracey Long from RDaSH who won best poster highlighting a service evaluation on Doncaster Health Visitor Facebook page!

Further congratulations to our 0-19 Research Network who gained the second-place poster award.



Both posters are now proudly on display at the Children’s Care Group, RDaSH.

Celebrating Network Members



A big congratulations to Christina Harrison, Children's Care Group Director at RDaSH who was **shortlisted** for Nurse Manager of the Year at The Nursing Times Workforce Summit and Awards. Christina is a network member, and we thank her for passionately advocating and supporting this network.



Getting to know our Network Members

Lorren Johnson – School Nurse, from Hull, 0-19 Public Health Service, pictured below with Sharon White, one of the 0-19 Network project team members and CEO of SAPHNA (School and Public Health Nurse Association).



My name is Lorren Johnson. My career started when I graduated as a Children's nurse from the university of Leeds in 2017. I have experience working in clinical roles on both the neonatal intensive care unit and a children's surgical ward, before moving to a public health community role in 2021.

In September 2022, I began my Specialist Community Public Health Nursing Postgraduate at the University of Hull and in 2023 qualified as a school nurse. I now work in the Hull 0-19 Public Health Nursing Service.

I am incredibly passionate about school nursing and helping to support others within the school nursing community. I was proud to have had the role of SAPHNA student ambassador during my school nurse training, supporting other students and showcasing innovative practice and research. I have continued my journey with SAPHNA as a committee member and currently work to support the new student ambassadors.

Network Events

Our last face to face Network Meeting was hosted at the prestigious Guildhall in Hull. The title of the event was **‘Developing 0-19 Research in Practice’**.



This followed on from our previous theme from our last face to face event where we looked at **‘Connecting’** our research community. The day enabled the sharing of current research involvement from across the region with time for networking, discussion, learning and reflection.

A huge thank you to the speakers on that day and the contributions from the Network Members. Please see below for a look at our agenda for the day, with the speakers details and titles of presentations:

“Developing 0-19 Research in Practice”		
Monday 20th November 2023 10:00 - 16:00 (Registration opens at 9:30) Hull Guildhall, 77 Lowgate, Hull, HU1 2AA		
Time	Session	Speaker
09:30 - 10:00	REGISTRATION	
Connecting with the 0-19 Research Network		
10:00 Developing Research in Practice	Welcoming and housekeeping	Gill Kelly (Leeds Beckett University)
	Setting the scene – why we are here	Heidi Fewings (Humber Teaching NHS Foundation Trust)
	ABDD Feasibility Study for Health Visiting	Karen Hardy - Specialist HV for Perinatal and Infant Mental Health, Becky Price - Modern Matron, and Sarah Adams - Health Visitor (Hull 0-19 Integrated Public Health Service)
	From idea to evidence: a 10 point plan	Dr Sarah Bekaert RN (Oxford Brookes University)
	Group work – Connecting with Academics and Researchers	Gill Kelly (Leeds Beckett University) Heidi Fewings (Humber Teaching NHS Foundation Trust)
12:00	LUNCH	
12:45 Developing Research Practitioners	Welcome back, introduce afternoon	Sinead Coleman (Leeds Beckett University)
	Surviving Crying: Developing Capacity and Capability in Health Visiting Research the Inside Story	Prof Jayne Brown - Professor of Health Care Professions (Nottingham Trent University)
	Developing 0-19 Research in Practice: Exploring how the uptake of childhood immunisations can be improved in England: A Systematic Review (2022)	Sinead Coleman (Leeds Beckett University), Sophie Ames - 0-19 Clinical Team Manager (0-19 Public Health Integrated Nursing Service, Leeds Community Healthcare NHS Trust)
	Group work – Your research enquiries, passions, interests & opportunities	Sinead Coleman (Leeds Beckett University)
14:05	BREAK	
14:30 Developing Research Skills	Welcome back	Lisa Manlove (Sheffield Children's NHS Foundation Trust)
	Evaluation of the psychosocial factors influencing families accessing weight management services	Sarah Marshall - School Nurse, Research Intern NIHR/HEE. (Sheffield Hallam University)
	NIHR Nursing & Midwifery Plans for strengthening research in community settings	Professor Ruth Endacott - NIHR Director or Nursing & Midwifery
	0-19 Update (Champions, Awards, etc)	Louise Wolstenholme (Sheffield Children's NHS Foundation Trust)
16:00	CLOSE	

Opportunities

Please have a look at the following opportunities that you may be interested in accessing as part of your research development:

- [Pre-doctoral Clinical and Practitioner Academic Fellowship \(PCAF\) Round 7 | NIHR](#)
- [NIHR Leaders Support and Development Programme | NIHR](#)
- [Pre-Application Support Fund - Round 2 | NIHR](#)
- [Homepage - Learning for Involvement](#)
- [Live course - ARC West \(nihr.ac.uk\)](#)

Other research opportunities:

- Finding a PhD <https://www.findaphd.com/>
- Career development support <https://www.nihr.ac.uk/researchers/career-development-support-and-training.htm>
- Become a committee member <https://www.nihr.ac.uk/researchers/become-a-professional-committee-member.htm>
- Funding opportunities <https://www.nihr.ac.uk/researchers/funding-opportunities/>

Where to find information on nursing research:

- Royal College of Nursing (RCN) Research and innovation <https://www.rcn.org.uk/Professional-Development/research-and-innovation>
- School And Public Health Nurses Association (SAPHNA) Research <https://saphna.co/research/>
- Institute of Health Visiting (iHV) Research <https://ihv.org.uk/our-work/research/>
- NICE QS148: Community engagement: improving health and wellbeing <https://www.nice.org.uk/guidance/qs148/chapter/Quality-statements>

Research in practice

We would really like to hear what's going on out there and how you have engaged with research, and we know others would also love to hear what you are doing. Please email us with a paragraph or two, telling us about what you are doing in the world of research or have a suggestion of a topic you would like to know more about - you could find it featured in the next issue!

Dates for the diary

0-19 Network Meetings:

- 19th March 2023, 09:15-12:15 (virtual via Teams) - please note this is an extended session.



Thank you for taking the time to read our 0-19 Research Network update, please do let us know what you would like to see in the newsletter, email us: projects@ihv.org.uk.

Best wishes

The 0-19 Research Network Team



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