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**SCHOOL AND PUBLIC HEALTH
NURSES ASSOCIATION**

SEND CONFERENCE – 1ST MARCH 2023

WORKSHOP OVERVIEWS



SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION

WORKSHOP 1 – MEDICAL MANAGEMENT

PRESENTER – DOMINIC WALL



BIO

Dominic Wall retired as the Headteacher of Co-op Academy Southfield after 12 years in September 2022 and he now works part-time as the SEND Lead for the Co-op Academies Trust. He is currently leading the development of Co-op Academy Brierley, a new special free school for Leeds City Council which will open in 2023.

During his career Dominic has worked as a headteacher in SEMH and LDD special schools in Blackburn, Oldham and Bradford, and for the local authority in Bradford as Strategic Adviser for SEN, overseeing the building of eight new special schools.

Representing the specialist sector on the Schools Forum in Bradford, Dominic served as Chair from 2015-17, during which period he is proud to have maintained a balanced High Needs Block SEND budget, through consensus across all sectors of education.

Designated by the Department for Education as a National Leader of Education in 2016 until his retirement as a headteacher, Dominic continues to be a member of the Specialist SEND Reference Group, which is consulted by the DfE about developments in national policy for specialist settings. From 2019-22 Dominic was seconded part-time to NICE as an Education Topic Advisor on SEND for the committee drawing up Guideline 213.

Working with colleague headteachers from across England, Dominic coordinates the Medicine in Specialist Schools (MiSS) group that lobbies on behalf of the specialist sector of education for better and safer provision of health services in school settings. In 2022/23, on behalf of MiSS, Dominic has been invited to join NHS England's working party on delivering clinical interventions in schools and other community settings.

WORKSHOP OVERVIEW

CURRENT ISSUES IN HEALTHCARE DELIVERED IN SEND SETTINGS

On behalf of the Medicine in Specialist Schools group of headteachers of special schools which lobbies the DfE and NHS to address the issues that arise in educational settings which make provision for children and young people with complex health needs, Dominic will introduce the National Institute for Health and Care Excellence (NICE) Guideline '*Disabled children and young people up to 25 with severe complex needs: integrated service delivery and organisation across health, social care and education*' published in March 2022, highlighting the expectations this document places on leaders and proprietors of specialist education settings regarding school and college staff taking on health roles and duties following training from NHS professionals. In this session recent changes to the High Needs Operational Guidance from DfE will also be examined in order to draw out lessons for specialist school and college leaders and to highlight some of the risks that arise from the growth in 'self-programmed' health and therapy provision being made in colleges and schools.



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WORKSHOP 2 - CONTINENCE AND THE CURRICULUM. BLADDER AND BOWEL ISSUES, CHILDREN WITH SEND AND THE SCHOOL

PRESENTER – DAVINA RICHARDSON

Children's Nurse Specialist, Bladder & Bowel UK



BIO

Having worked with children with acute needs, with disabilities and with complex and life limiting health issues I set up and ran a new NHS community bladder and bowel clinic for children before becoming part of the team at Bladder & Bowel UK.

My role at Bladder & Bowel UK includes providing general advice, support and information to anyone affected by a bladder and/or bowel condition in children, training for healthcare professionals, education for families, involvement in research projects, sitting on national groups, speaking at national conferences, writing for peer reviewed journals and working with commercial companies to support product innovation.

I remain enthusiastic about breaking the taboo of bladder and bowel issues and working in diverse ways to ensure that children and young people are offered optimum support for bladder and bowel health to ensure that they reach their potential.

WORKSHOP OVERVIEW

Children with SEND are more likely to have delayed toilet training than children without and are more likely to have underlying bladder and bowel issues. The increased time needed for toileting and changing is often a cause for concern in educational settings. Furthermore, health and education professionals need to be able to know how to manage the issues and explain rationales for suggested support and interventions to families.

This session will consider the prevalence and impact of bladder and bowel issues for children with SEND, including autism, and physical and learning disabilities, in and on schools; explain the reasons for them; outline strategies to support the child reaching their potential with toilet training and bladder and bowel health and signpost to find reliable resources to support professionals and families



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WORKSHOP 3 - BREAKING DENTAL BARRIERS FOR CYP WITH SEND

PRESENTER – LINZI MAYBIN



BIO

Linzi Maybin, is a community dentist in Yorkshire and the founder of Happy Teeth Outreach, a voluntary, non-profitable educational programme which partners with Health Education England to educate foundation dentists in Yorkshire and Humber. Happy Teeth Outreach aims to improve oral health for children and young people with additional needs in special educational settings and children living in the UK affected by human trafficking and the refugee crisis.

WORKSHOP OVERVIEW

Happy Teeth Outreach - SEND friendly dentistry

- Background and research within dentistry for young people with SEND
- Why dentistry is important for young people with SEND.
- Practical support and tips for young people and children with SEND attending the dentist and with oral hygiene
- Stories of young people supported



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WORKSHOP 4 – PROMOTING POSITIVE MENTAL HEALTH

WORKSHOP OVERVIEW Evidence based dentistry in the special educational setting an overview of Happy Teeth Outreach.
Tips for good oral health for children and young people with sen.
Breaking down barriers to make dentistry more accessible to young people with sen.

PRESENTER – JULES SANDERS



Jules Sanders is the Head of the Multi-Disciplinary Team (MDT) at School for Inspiring Talents and the Life Chance group. School for Inspiring Talents (SfIT) is an award-winning therapeutic education provider specialising in supporting young people aged 7-16 who have experienced trauma.

Jules has over 20 years' experience as a qualified teacher and SENDCo supporting children with Special Education Needs and Disabilities (SEND), specialising in social, emotional and mental health (SEMH), trauma and inclusion. During her time working in education Jules has developed her experience within primary settings, particularly those in areas of high need and deprivation, and within specialist SEMH settings and Alternative Provision in various leadership roles.

In addition to her education sector experience, Jules has been employed at a senior level within the Health Sector. In 2011 she became Head of the Targeted Mental Health in Schools (TaMHS) Team in Plymouth as part of Plymouth CAMHS. During her time with CAMHS she also worked as a Senior Primary Mental Health Worker and held interim responsibility for the Primary Mental Health Work Team and the Infant Mental Health Team.

PRESENTER – MEGAN HORNSBY



Megan Hornsby is Mental Health and Wellbeing Lead for Life Chance Group, working alongside young people to engage them in trauma focused cognitive behavioural therapy interventions. She is qualified and experienced in staff supervision and offers wellbeing guidance and support for Life Chance staff.

She qualified as a social worker in 2010, gaining experience via roles in education settings, social care and mental health. In 2015, Megan pursued further training and became a warranted Approved Mental Health Professional. In 2020, Megan was appointed Mental Health Practitioner at School for Inspiring Talents. With her wealth of knowledge of community services and the manifestations of mental health, Megan created a role that embraced a holistic approach to emotional wellbeing support, adapting over time to develop a multi-dimensional service supporting students, staff, families and the wider LifeChance Community. Megan also continues to support the local authority as an Approved Mental Health Professional and registered social worker.



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WORKSHOP 5 – FEELING ISOLATED?

COME JOIN OTHER INDEPENDENT SEND SCHOOL NURSES TO FEEL AND DELIVER SAFER, QUALITY WORK!

PRESENTER – KATE ADAMS



BIO

Having previously worked in non-maintained and independent fee-paying schools, I now work at St. John's Catholic Specialist School, an independent special school in the north of England. In 2018 I won the National Association of Special Schools (NASS) award for outstanding impact for devising a pathway that helped residential staff manage risk for students who were expressing self-injurious behaviours. Also, through NASS I worked with The Office of the Chief Dentist developing an assessment resource and strategy for monitoring dental health in residential special schools. My principal areas of interest are risk management and development of robust governance processes. As an expert advisor for SAPHNA I enjoy supporting nurses in independent settings.

WORKSHOP OVERVIEW

Clinical supervision, safeguarding supervision, policies, and inspections. New to the role or an expert who can offer advice to others. Come together to ask questions, share successes and network. Kate will host this workshop and identify some of the common themes that concern independent school nurses.



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WORKSHOP 6 – SUPPORTING SEND CYP IN SCHOOLS WITH LONG TERMS CONDITIONS

WORKSHOP OVERVIEW

Management of long-term conditions is an integral part of improving population health needs within children and young people. NHS England's Core20Plus5 for CYP identifies Asthma, Epilepsy, Diabetes, Oral Hygiene and Mental Health as 5 key clinical areas of health inequalities, with learning disabilities forming part of the "PLUS" population, all requiring national and regional programmes to bring about system change (driven by integrated care systems - ICS). Our workshop will showcase a local model of Whole School Asthma/Asthma friendly schools as a way to reduce reliance reliever medication and reduce asthma attacks. We will also discuss empowerment model for Epilepsy management in schools and open up the workshop for wider discussions around oral hygiene/diabetes and mental health.



PRESENTER – REBECCA DANIELS

Rebecca is a qualified paediatric nurse with 22 years clinical experience. She has been working within Community Children's Nursing (CCN) services in East London for the past 15 years, in various CCN roles and currently Community Children's Matron. She is passionate about ensuring babies, children and young people (BCYP) with health needs can remain at home and integrated into their community alongside their peers, with the right community nursing support in place. She is also passionate about teaching, leadership and quality improvement. She recently qualified as a professional nurse advocate (PNA), enabling her to provide essential restorative supervision within the workforce. She became a Queen's Nurse in 2020 and is a core founding member of the UK wide online CCN forum (@CareCCN) which is supporting CCNs across the UK to develop guidance, share knowledge and experiences, connecting via online platform.



PRESENTER – EMILY GUILMANT-FARRY

RNC, BSc (hons),
Emily is the Community Children's Matron for Newham, London. She is the co-chair and co-creator of the Pan London asthma nurses network, and a Queens Nurse. Prior to being a Matron she created and lead the Newham Asthma Nurse Service, helping to create Asthma Friendly Schools in Newham in collaboration with 0-19 services, set up Group Consultations in the borough for children with newly diagnosed asthma and wheeze, alongside seeing children at home and in clinic for asthma. She also supported equality of asthma care across North East London by working collaboratively with professionals across the network including delivering asthma champion training, webinars and podcasts. Roles prior to this included nursing complex care packages in the community, community nursing, Respiratory CNS/Research Nurse at the Brompton Hospital, acute general, HDU, A+E and ITU nursing



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WORKSHOP 7 - THE SEX FACTOR; RELATIONSHIP AND SEX EDUCATION FOR SEND CYP

PRESENTER – PAULA MARTEN

Assistant Headteacher
Chailey Heritage Foundation



BIO

Chailey Heritage Foundation is one of the UK's leading centres for children and young people with complex neurodisabilities. There is a general misconception that Relationship & Sex Education (RSE) is not needed for these children and young people and we have found limited adapted RSE for them to learn, stay safe, understand their bodies, relationships and sexuality in full. We have developed a unique way of teaching this difficult subject and have created a user-friendly toolkit consisting of training sessions and resources for teachers and staff to deliver quality RSE to this group of youngsters.

WORKSHOP OVERVIEW

It will be an overview of the RSE training that we offer, the reasons why the training was introduced and developed, the audience... – 'who, what and why'



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WORKSHOP 8 – WHY SLEEP MATTERS FOR YOUNG PEOPLE WITH SEND

PRESENTER – JANICE JENNER

Sleep consultant



BIO

Jan Jenner has been involved with sleep medicine since 2008. She is a qualified Sleep Consultant having initially studied with Southampton NHS. She is trained to degree level in Sleep Medicine and runs Hunrosa the only sleep consultancy commissioned by the NHS, with a team including a clinical psychologist, OTs, nurses and a teacher who use their skills along with their sleep qualification. Hunrosa uses CBT for sleep, Jan and her colleagues have studied with leaders in this field: Prof Colin Espie and Prof Jason Ellis. Hunrosa are experts in successfully treating those with complex needs using sensory strategies to improve sleep. A keynote speaker and CPD accredited trainer, she has trained doctors, paediatricians, teachers, nurses, mental health professionals, child development staff as well as many sleep deprived parents and young people. She delivers staff and employer wellbeing sessions. She is a member of the British Sleep Society and the British Paediatric Sleep Association.

Special interests include sleep and the menopause and those who have a diagnosis of autism and sensory differences.

WORKSHOP OVERVIEW

Why young people with additional needs are different in terms of sleep, the latest thinking. What can be done - a demonstration of the ground-breaking Sleep Wise app and other effective solutions.