



0-19 Research Network Quarterly Newsletter

Dear 0-19 Network Member,

Welcome to the 1st edition of the quarterly newsletter keeping you up to date with what is happening in the Network and developments in the wider world of SCPHN research. This newsletter is written by Louise Wolstenholme, Lisa Manlove and Tracey Long.



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This month's guest contributor is **Kate Atkinson from the NIHR Clinical Research Network (CRN)**. There is a section called "Research in practice", where you can share your story of research and how you have found it. If you would like to share your area's work, please contact us at scn-tr.0-19.researchnetwork@nhs.net so we can include it in the next issue.

Network update

As you may be aware we have received funding to host and evaluate the 0-19 Research Network and to develop a champion programme, to enable research champions to set up communities of research practice (CoRP) in their areas. At the heart of this we have 2 core aims:

1. To support and increase the participation and recruitment of children and families in public health research, with a focus on those underserved populations (research delivery).
2. To increase research engagement and capacity of public health professionals working with the 0-19 age group (research capacity building).

These aims will be supported through delivery of the following objectives:

1. Create 0-19 Research Champions and develop a programme to support them in championing research in their area
2. Facilitate events that create networking opportunities between professionals to enable collaborations
3. Engage regionally with HEI's with a focus on engaging students and establishing links with potential academic supervisors/researchers
4. Develop a sustainable prototype model for the CRN in Yorkshire and Humber (and other regions) to develop other successful networks
5. Develop a web presence to increase our visibility, disseminate information, ensure the sharing of timely research opportunities, signpost and facilitate connections
6. Develop further the project planning group of core members to operationalise the project deliverables regionally

Through this, we expect to raise the profile of research in 0-19 services and the role of the SCPHN in research, while supporting you to develop your own interest and knowledge of research.

The Network is currently funded until April 2024; there will be opportunities to be involved so please keep an eye out.

The Network happens because of a great team of people all striving towards the same goal, to make the Network a success so that we can achieve our aims.

We are pleased to announce that Sarah Marshall , school nurse within the 0-19 team in Sheffield has a place on the Integrated Clinical and Practitioner Academic Programme Internship Scheme starting in February 2023.

We are delighted to be working with

- **Victoria Jackson**, Senior Programme Manager - Projects and Evaluation, Institute of Health Visiting
- **Vicky Gilroy**, Head of Projects and Evaluation, Institute of Health Visiting
- **Gill Kelly & Sinead Coleman**, SCPHN course leaders Leeds Beckett University
- **Heidi Fewings**, 0-19 Service manager, Hull 0-19 Integrated Public Health Nursing Service
- **Sharon White**, SAPHNA
- **Kate Atkinson**, Deputy RDM CRN
- **Gillian Gatenby**, R&D Associate Director, Sheffield Children's NHS Foundation Trust
- **Cat Staddon**, Research Administrator, Sheffield Children's NHS Foundation Trust

In the news

iHV Evidence Based Conference – Manchester 15th September 2022:

Three members of our project team presented their research at the iHV Evidence-Based Practice Conference in September last year, Louise Wolstenholme, Tracey Long, and Lisa Manlove, their topics included

- Collaborations to embed research in 0-19 services – making real the CNO strategic research plan
- Transition to adoptive parenthood: a conceptualisation



Tracey won the vote of the day for best poster presentation, see our “[Research in Practice](#)” to hear about her research.

10th November 0-19 Research Network Event – Hepworth Gallery:

For the first time in nearly 3 years the Network had its first face to face event and what a fantastic turnout it ended up being. We were jam packed with speakers covering a wide range of relevant topics). If you would like to be part of this in the future we are busy planning our next event with a confirmed date of the 16th May, Hepworth Gallery – hope to see you there.



RISE project

NIHR | National Institute for
Health and Care Research

Louise is currently seconded to the Nursing & Midwifery Team at the NIHR on a part-time basis where she is undertaking the RISE project:

RISE (**R**esearch **I**n **C**ommunity **S**ettings) - is a NIHR led project looking to engage nurses and midwives based in community, public health, primary and social care settings, who are involved in examples of good practice research initiatives and activities. If you would like to know more about this project please email scn-tr.0-19.researchnetwork@nhs.net expressing your interest in the topic

Guest contributor - Kate Atkinson, Deputy Research Delivery Manager (LCRN Yorkshire and Humber Core Team - NIHR Clinical Research Network (CRN))

The NIHR CRN in Yorkshire & Humber is excited to support the 0-19 Research Network. Increasing participation of babies, children and families in research is vital to our mission of improving the health and wealth of the nation through research. The Network is the first of its kind in England and is key in helping us to understand the issues and priorities for public health practitioners working with children and families.

It is fantastic to see the great progress being made to embed and broaden the reach of the Network across the region via the communities of research practice and the newly appointed research champions. These are vital to create and increase research engagement and capacity of public health professionals and to make research more visible.

The 0-19 Research Network has a crucial role to play in raising the profile of research particularly in health visiting and school nursing and we look forward to celebrating future successes of the Network over the coming months.

Learning point

FAQs to the project team:

[Did you find research daunting when you first became involved?](#)

We are often asked this about when we first got involved in research. The whole team agreed that they did because of it's terminology which can sometimes be intimidating if not understood.

[I am interested in research but unsure where to start?](#)

Lisa often discusses the first steps into research course, which is run by the NIHR clinical research network Yorkshire and Humber. She completed this course and found it great in demystifying research and providing her with the relevant skills around research and it increased her confidence. Moreover, it provided her with useful training links and information around further training opportunities to develop skills in research, it also helped develop useful networks.

[Is it possible as a health visitor or school nurse based in practice to get involved in delivering research projects?](#)

Increasingly so, in Sheffield we have a newly appointed Research Health Visitor who in conjunction with the Research Dept has undertaken additional training to be able to consent and collect data for a RCT that we are delivering on.

Where to find information on nursing research:

- Royal College of Nursing (RCN) Research and innovation <https://www.rcn.org.uk/Professional-Development/research-and-innovation>
- School And Public Health Nurses Association (SAPHNA) Research <https://saphna.co/research/>
- Institute of Health Visiting (IHV) Research <https://ihv.org.uk/our-work/research/>
- NIHR nursing & midwifery <https://qni.org.uk/nursing-in-the-community/community-nursing-research-forum/>
- NICE QS148: Community engagement: improving health and wellbeing <https://www.nice.org.uk/guidance/qs148/chapter/Quality-statements>

Queen's Nursing – research masterclass

The QNI's Community Nursing Research Forum is holding a series of free bitesize masterclasses open to all community nurses interested in research.

- **Writing for publication: tips from an editor** with Professor Catherine Walshe on 28 February 2023. [Book now.](#)
- **Research Masterclass: Reflexive Thematic Analysis** with Dr Emma Rowland on 16 March 2023. [Book now.](#)

Opportunities to get involved in research

- Finding a PhD <https://www.findaphd.com/>
- National Institute for Health and Care Research (NIHR)
 - * Career development support <https://www.nihr.ac.uk/researchers/career-development-support-and-training.htm>
 - * Become a committee member <https://www.nihr.ac.uk/researchers/become-a-professional-committee-member.htm>
 - * Funding opportunities <https://www.nihr.ac.uk/researchers/funding-opportunities/>

Dates for the diary

0-19 Network Meetings

- 22/03/2023 (virtual)
- 16/05/2023 (Face to face, at The Hepworth, keep an eye out for the advertising flyer)



Research in practice

We would really like to hear what's going on out there and how you have engaged with research, and we know others would also love to hear what you are doing. Please email us with a paragraph or two, telling us about what you are doing in the world of research or have a suggestion of a topic you would like to know more about - you could find it featured in the next issue!

In our first issue Tracey Long, Nurse Consultant, tells us about presenting her research about transition to adoptive parenthood at the iHV Evidence Base Conference in September 2022.

I presented a poster, titled 'Transition to adoptive parenthood: a conceptualisation', which shared some of the work undertaken within my PhD. I aimed to conceptualise and define transition to adoptive parenthood. The presentation was well received and gave some insight into transition to adoptive parenthood, considered useful for informing practice. I was surprised and pleased to be awarded the best poster and would highly recommend to other practitioners, submitting a poster and sharing their work at conference.

Thank you for taking the time to read our 0-19 Research Network update, please do let us know what you would like to see in the newsletter, email us: projects@ihv.org.uk.

Best wishes

The 0-19 Research Network Team



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