

It was harrowing to recently read the news reports into the tragic death of 7-year-old Hakeem Hussain. Giving evidence to the court trial of his mother, charged with causing his death through abuse and neglect, his school nurse said she had warned at child protection conference that Hakeem "could die at the weekend from asthma'; he died two days later.

During Covid we know that safeguarding issues have risen exponentially for so many schools aged children and young people, this set against a backdrop of disinvestment in our services resulting in loss of job satisfaction, exhaustion thus recruitment and retention issues. The workforce report being 'broken' and 'distressed' about their inability to adequately safeguard and protect against the tsunami of rising demand.

To better evidence this, we recently conducted a rapid gathering of practitioner intelligence and additionally offered a webinar, a safe space to listen, learn, believe, and do something. Nearly 200 exhausted staff signed up; I worried the two hours was too long; we usefully could have used more time!



@SAPHNAteam @SAPHNAsharonOBE

Sharon White OBE

News

What is the role of a school nurse: new publication

NMC Post registration standards

Updates

New All Our Health resources

Digital update: Focus on CHAT health

Lancaster Model: improved methods of reporting

Compass: Train the trainer continence and medicines management

Resources

Training / Events

Research

And finally.....



The headline learning

- There is an increase in conflict with other agencies with one area reporting a 40% bounce back rate to their social care referrals
- There is a high rate of professional disagreement with early de-escalation of complex cases a recurrent theme
- 'Resolving professional differences protocol' is used much more than ever permeating an 'us and them' unhealthy multi-agency culture
- In a desperate effort to meet demand there is enforced redesign of school nursing services/safeguarding practice, mostly this is nonevidence/research based resulting in compromised and dangerous practice
- There are pushbacks from both commissioners and providers to 'work smarter' when there are no more safe efficiencies to be had
- Safeguarding supervision availability is reportedly reduced
- The needs and risks are far more diverse, insidious, and normalised. This impacts significantly on the school nurse role and the ability to make a difference.
- There is increasing evidence of lack of early help support for families and young people impacting on the increasing number of young people presenting with acute child

protection needs at strategy meetings; one area reported 179% increase visa vi a 32% reduction in staff over the same period!

This is an untenable situation and requires urgent reinvestment into the school nursing workforce.

So what?

SAPHNA continue to offer support to our workforce and pledge to continue to constructively challenge and advocate, working closely with all parties and at all levels.

We have submitted our report and have regular meetings with NHSE Safeguarding who are representing us at national level and as part of the Governments enquiry into COVID. All our strategic partners are also kept fully informed

We are grateful to NHSE safeguarding and particularly deputy director, Kenny Gibson who is fully appraised and works tirelessly alongside. During our webinar he gifted us HOPE:

We must SelfCare! This is hard to do but absolutely essential to help safeguard the safeguarders. Annie, SAPHNA committee, and her partner Sue at <u>OM Health & Wellbeing Consultancy</u> | <u>Bury St. Edmunds | Suffolk (omhwc.org.uk)</u>, generously provided us with this relaxation video, which I encourage you to enjoy: <u>https://youtu.be/muG5VM-nMIY</u>

Perhaps accessing NHSE Listening lounges is a Self-Care option for you? (267) ELHT Listening Lounge - YouTube

The NHSE Safeguarding App will also offer you crucial support <u>NHS England » NHS England</u> <u>Safeguarding app</u>

Have a dose of Kenny! Re-listen to his presentation as part of our webinar - <u>https://youtu.be/A5bz-Eq5wVc</u>

- Our report also captured case stories of exemplary practice; these will be shared far and wide with our key stakeholders to demonstrate the unique role and value school nursing brings in safeguarding and protecting our children <u>Safeguarding Intelligence gathering</u>
- New Executive Nurses are being appointed to the Integrated Care Boards, they will be responsible for safeguarding and, also for workforce. They need to meet, know, and understand school nurses; bring up your own chair?
- > This current surge will calm; things will improve

NHSE Safeguarding want to award our fabulous work! NHS Safeguarding stars are available from the national safeguarding team by emailing <u>Kenny.Gibson@nhs.net</u> with 2 or 3 paragraphs about how a school nurse or team safeguarded a child, young person, or family.

CNO gold and silver awards; Gold awards are for lifetime achievement; silver awards are for excellence in practice. <u>CNO and CMO awards criteria and application June21</u>

Thank you for all you are and do to safeguard our children and young people; your tenacity and professionalism knows no bounds!

New and much needed publication launches: What is the role of a school nurse?

SAPHNA – LISTENING, HEARING, DOING – You Said.... We Did.... So What!

A publication demonstrating and understanding how school nurses can add value to local councils' Healthy Child Programme was much needed and SAPHNA in partnership with LGA worked in association with Somerset LA to produce: What is the role of a school nurse?

The publication demonstrates the invaluable role of school nurses promoting the health, wellbeing and protection of children and young children in all settings throughout their school aged years.

- Highlights and defines the role of the school nurse
- States who commission school nurses
- Reports how school nurses contribute to the health of children aged 5-19
- Explores the full range and impact of interventions school nurses can offer on key priorities; health inequalities, emotional wellbeing, and mental health, encouraging healthy weight and childhood immunisations

+

- Provides key evidence on the impact of school nursing interventions on advancing outcomes for child health.
- What is the role of a school nurse? | Local Government Association

Who are school nurses?

- Registered nurses with additional registered specialist training in public health
- Skilled, knowledgeable, experienced and vitally, trusted by families and stakeholders, who, with the required investment, can significantly contribute to a number of cross-governmental priorities¹
- Bring clinical expertise and knowledge to a wider system to improve population health and reduce health inequalities²
- Innovative workforce that embraces digital technology, service redesign, skill mix, and models for integrating services around children, families and schools¹
- Supported by skilled, mixed teams of health workers and work alongside other members of the wider children's workforce.

What do school nurses do?

- Promote the health, wellbeing and protection of all children and young people in all settings throughout their school aged years³
- Identify the health needs of individuals and communities using evidence-based assessment tools³
- Co-produce programmes with children, young people and families. Plan work collaboratively in partnership with the multi-agency team to address local need and national health priorities outlined by the NHS, OHID and UKHSA¹
- Use research and audit to deliver an evidence-based service with clear outcomes, with evaluation as an integral part of the process³.



We positively challenged and changed policy!

You said: Where is the focus on children included in the Health and Care Bill?

We did: We joined with 70+ other charities to form an Alliance, through which we represented our concerns and missed opportunities to strengthen the much-needed focus on children and young people's health and wellbeing.

So what?

The Health & Care Act has now been given Royal Assent. The 70+ leading children's organisations that make up the Health Policy Influencing Group, helped secure vital changes put #ChildrenAtTheHeart of the Act. <u>https://bit.ly/3MAgGdi</u>

Independent school nurses special interest group

Currently, nurses working in independent school settings, do not have access to NHS Mail e-mail accounts, therefore, much relevant, and invaluable information regarding children and young people accessing NHS services is unavailable to them; critical to providing best and seamless care as well as optimising safeguarding practice.

Following our webinar, we are delighted that, in partnership with NHSE Safeguarding, NHS Digital and project lead Michelle Vizzard, a pilot is to be undertaken soon; we are delighted to have facilitated this and look forward to next steps!

Accident and Emergency Special Interest Group

Due to membership identified need, we have established an Accident and Emergency SIG to explore the challenges and opportunities and, ultimately, to develop best practice guidelines. Details of our inaugural meeting can be found here: <u>A&E liaison pathways | SAPHNA – School And Public Health</u> <u>Nurses Association</u>

Our next meeting is to be held on Wednesday 25th May. We need more school nurses to join this group! Please e-mail <u>info@saphna.co</u> to express your interest

SEND Special Interest Group Update

The SAPHNA SEND SIG was set up in September '21 following requests for support and networking from nurses working in schools with children and young people with SEND.

Following conversations with the national children's community forum, it was agreed that it would be beneficial for the SAPHNA forum to partner with the new CCN forum for nurses working in special schools. This new partnership will strengthen the support to this speciality of nursing. Becks Daniels from the CCN forum is the chair and Elaine Davies and Rita Jenner from SAPHNA are co-chairing. The first joint meeting was held on the 23.3.22. Nurses joined from all over the country for lively debate and discussion on transition. Policies and pathways from different areas were shared.

Further information including recordings of meetings, minutes, and details of how to join future meetings is available here: <u>SEND | SAPHNA – School and Public Health Nurses Association</u>



National SEND updates and resources:

- Green paper was published on the 29th of March 2022 <u>https://www.gov.uk/government/consultations/send-review-right-support-right-place-right-time</u>
- There will be a consultation period of 13 weeks until 1st July 2022
- The National and Regional teams encourage all SEND partners to review and provide feed-back to the paper. This is our opportunity to shape what education and care will look like for our SEND population.

National workshop on SEND Health Inclusion: - Slides and presentations are here: <u>https://councilfordisabledchildren.org.uk/resources/all-resources/filter/health/cdc-national-virtual-event-recordings-march-2022</u>

New council for disabled children e-learning on health advice and annual reviews: <u>https://councilfordisabledchildren.org.uk/work-us/e-learning</u>

NICE guideline [NG213] Published: 09 March 2022; Disabled children and young people up to 25 with severe complex needs: integrated service delivery and organisation across health, social care, and education <u>https://www.nice.org.uk/guidance/ng213</u>

If you would like to be involved, please contact info@saphna.co



NEWS

National SN Voice at International Conference

SAPHNA CEO Sharon White was invited to attend and present at the International Symposium on Nursing and School Health organised by the International Association of School Nurses and Health Promotion (ISNA). This is an international association whose main objective is to represent and support all nurses who develop their daily tasks in educational centres, as well as fighting for the right to provide medical assistance and health promotion in schools, for children and adolescents from all over the world. Sharon's presentation "A Time to Shine!" shone a spotlight on the innovative practice and celebrated the wonderful achievements of school nurses in the UK.







NMC publishes reports from post - registration nursing standards consultations

The consultation drew 2,363 responses and most of the standards were agreed to be fit for purpose. Modernising the standards aims to reflect contemporary practice and benefit both professionals and the people they care for every day. The work will continue with partners from health and social care and refine the work to date.

SAPHNA remain at this table with representatives on numerous groups to ensure these standards are fit for purpose for our workforce.

<u>NMC publishes reports from post-registration nursing standards - The Nursing and Midwifery</u> <u>Council</u>

Food and drink marketing for young people – young people need protecting

NESTA launched the *Marketing Detectives platform*, 284 teenagers collected 4,879 examples of online food and drinks marketing and nearly three quarters of the marketing was for unhealthy food. Teenagers from lower income households also reported about 50% more unhealthy food and drink examples than their peers in higher income households.

Recommendations

The government should not delay implementing a ban on paid-for advertising of unhealthy food and drink products online. More than 60 per cent of the unhealthy marketing collected in the project was paidfor product advertising. Young people need further protection from the unhealthy marketing that they are exposed to on social media, when playing online games, watching videos and browsing websites.

Online food and drink marketing to young people: Key insights report (nesta.org.uk)



Young people are encouraged to support the drive to reduce the marketing of unhealthy food and contact their local MP. In 2020 a strategy was launched to tackle obesity and pledged to change the way unhealthy food and drink was marketed, ending junk food advertising online and on TV before 9 o'clock but there are rumours there may be changes...... More than 1,000 emails have been sent to constituencies around the UK asking MPs to pledge their support to putting child health first and we have received many replies in support of the policies.

But it's not enough! We must keep pushing until these policies are reality

Tell Your MP: Help Take Junk Food Out of the Spotlight | Bite Back 2030

Celebrating our Public Health colleagues!

Congratulations to Jen Thomas for emergency life-saving care! <u>Jen Thomas is crowned Health Hero</u> <u>for January | Cardiff & Vale Health Charity</u> and to Nova Preston for showing unwavering compassion to patients and her colleagues. <u>Leeds Community Healthcare NHS Trust - Thank You Event 2022:</u> <u>Colleague of the Year- Joint Winner</u>. To Brenda Bailey for speaking up for fairness.

Jen Thomas crowned Health Hero

Jen Thomas Specialist Nurse for Children Looked After was crowned Health Hero by Cardiff and Vale University Health Board. Jen was nominated by School Nurse and Midwife; Martine Lloyd after Jen saved her life. During an evening at the Oystercatcher pub in Cardiff, Martine inhaled a chunk of chicken and was unable to breathe, cough or speak, staggering around the restaurant. Immediately realising what was going on, Jen rushed to administer initial back slaps whilst everyone else in the establishment panicked and shouted to dial 999.

Jen remained calm, providing further back slaps until the

food dislodged and the blockage cleared, and Martine, thankfully, was finally able to breathe albeit in pain and terrified after the ordeal. Sandra Dredge, Senior Nurse Community Child Health, said, "Jen is an experienced nurse working with the Looked After Children's Team. As a specialist nurse with a wide breadth of knowledge and skills, she is a fantastic advocate for the children and young people that she works with. I'm very pleased that her quick thinking and speedy actions saved the life of her friend and colleague and that she has received this wonderful recognition."



Nova Preston Colleague of the Year Joint Winner

Nova Preston Specialist Community Public Health Practitioner 0-19 Leeds Community Healthcare Trust was awarded Colleague of the Year Award. "Nova will never give up trying to get the right support for the families she supports and consistently goes out of her way to support her colleagues too. She notices when members of the team are struggling and will even take it upon

herself to drop off flowers for a colleague when off sick. Nova quietly gives her colleagues the right support at the right time without compromising her work. She is humble and does all of this behind



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the scenes. I want to say thank you and that her kindness has not gone unnoticed." Thea Stein, Chief Executive, and Bryan Machin, Executive Director of Finance and Resources, surprised Nova and thanked her efforts and thoughtfulness. "You are excelling in the role that you have and we're grateful for everything you continue to do for your colleagues and the families that you support."

Walsall School Nursing Awards

Two commemorative awards to celebrate and remember colleagues and friends, were given to Walsall school nursing colleagues: the Brenda Bailey Award, and the Viki Kavanagh Award. Huge congratulation! Their legacy lives on.



Could you be an award winner? The Nursing Times award now open. See our wonderful Public Health nursing award winners from last year here! https://youtu.be/LsjNVpZaP6k



Updates

Health Education England

All OR Health

All Our Health launches new interactive townscape on child oral health

Health Education England eLearning for healthcare (HEE elfh) has worked in partnership with the Office for Health Improvement and Disparities (formerly Public Health England) to develop an interactive townscape on child oral health within the All Our Health eLearning programme.

The townscape provides evidence and guidance to help health and social care professionals to improve child oral health and reduce oral health inequalities in England.

Tooth decay is the most common oral disease affecting children and young people in England, yet it is largely preventable. Just under a quarter of all children in England have experience of tooth decay by the age of age of 5 and tooth extraction is the most common reason for 6- to 10-year-olds being admitted to hospital. These children are likely to go on to have a lifetime of poor oral health with associated health and financial costs. Poor oral health impacts on children and families, tooth decay can lead to pain, affect sleep and the ability to eat, affecting school readiness and absence. In addition, parents or carers may need to take time off work to take their child for treatment.

The townscape takes a place-based approach and features an animated town where health and social care professionals can click on various buildings, such as the town hall, dental surgery, and school, to access information and evidence-based resources to inform action to address the poor oral health of the children they meet.

The townscape also signposts the learner to other sources of support such as the NHS website, NHS Start for Life, HENRY's videos, and Change 4 Life top tips for teeth.

It complements the 4 existing townscapes on breastfeeding, smoking in pregnancy, childhood obesity and conception and preconception care.

In addition to the townscapes, there are 26 bite sized eLearning sessions which cover a range of public health topics including early adolescence, immunisation, and physical activity.

For more information and to access the townscape, please visit the All Our Health programme page.

All Our Health's new townscape on contraception and preconception care

This townscape provides advice and guidance for health and care professionals to help women, young people, and families with different aspects of their pregnancy planning and prevention.

It takes a place-based approach to consider what action can be taken on this public health issue and features an animated town where learners can click on various buildings, such as the GP surgery and school, to access support on topics such as contraception, sexually transmitted infections, fertility, and pregnancy.

The townscape also signposts the learner to other sources of support such as the Family Nurse Partnership and sexual health charities.

It complements 4 existing townscapes on breastfeeding, smoking in pregnancy and childhood obesity and child oral health plus 26 bite sized eLearning sessions which cover a range of public health topics including early adolescence, immunisation, and physical activity.

For more information and to access the resource, please visit the <u>townscape</u>. To access the other sessions and townscapes, please visit the <u>All Our Health programme page</u>.



Sexual and Reproductive Healthcare eLearning sessions updated



This programme launched in September 2020 with 30 new sessions covering a host of topics including anatomy, contraception, sexually transmitted infections, and early pregnancy.

Each resource is aimed at a range of healthcare professionals, particularly those working in nursing and midwifery, to help them gain the necessary knowledge to successfully support patients with their sexual reproductive needs.

For more information about the eLearning programme and to access the resources, please select the <u>Sexual and Reproductive Healthcare</u> programme page.

New MindEd communications toolkit



The programme covers key mental health issues including suicide and self-harm prevention, adverse childhood experiences and anti-bullying.

The communications toolkit has been designed to help healthcare professionals, teachers, carers, community and support workers and blue light emergency services staff to raise greater awareness of the sessions and call on more professionals to improve their knowledge and confidence in tackling mental ill health in children, young people, adults, older people, and people of all ages with learning disability.

To access the toolkit and sessions, please visit the MindEd Resilience Hub.

Digital Health

Transformation

Digital Health Transformation Service

(Incorporating ChatHealth)



We're so proud to be supporting the growing community of digital practitioners from more than 60 NHS partners across the UK. Our newly launched <u>Impacts webpage</u> celebrates the positive impacts of the shared learnings and digital health tools used by NHS health professionals to offer blended access to care.

<u>Spotlights</u> on School Nursing and Health Visiting services recognises the original pioneers of ChatHealth and the HealthWebsites.

The <u>Innovation Spread map</u> shows how far and wide our innovations are being used. Look out for more updates coming later this year when we release our 2021/2022 data.

Digital Marketing Campaigns

We're dedicated to enhancing the promotion of the amazing support on offer for children and young people and sharing our results and learnings with you all.

From October to December 2021, we ran a pilot Google Ads campaign in Somerset and North Tyneside aimed at the parents and carers of 0-5s and 5-19s.

The ads were successful, being shown on search pages over 60k times, and the high click-through rate indicated that the ads were useful and relevant. Plus, there was a significant increase in ChatHealth conversations during the campaign.

Thank you to school nurses in Leeds and Somerset for their fantastic contributions to our national ChatHealth school nursing video. During March 2022, the content was used on Instagram and Snapchat adverts to reach young people nationwide – the learnings will be shared when available. Please share the <u>portrait version</u> on your social media channels and the <u>landscape version</u> with schools to show in assemblies and classrooms.

Welcome to our new clinical lead

Finally, we're delighted to welcome our new clinical lead, Laura Burrowes, who brings a wealth of experience and expertise from her school nursing background to support clinical leads in their digital implementations. As you may be aware our clinical lead, Caroline Palmer, is now on maternity leave following the safe arrival of her baby girl in February 2022.

If you have any questions or would like to get in touch, please email us at lpt.teamdhts@nhs.net



Take a look at our impacts



Go to impacts.dhtsnhs.uk

Compass Positive Effect



Train the Trainer - School Aged children's

continence and medicines management – New dates announced

New dates have been announced for school nurses to attend clinically approved training in continence issues and medicines management for school aged children.

The training will be run by Compass Positive Effect in partnership with SAPHNA.

Delegates will be trained to deliver the package to their stakeholders.

"This train the trainer format is robust, safe, evidence based and very much user-friendly."

What the training offers

Organisational benefits:

- Ready-made clinically approved course materials made in partnership with SAPHNA
- Tried and tested by a large school nursing team
- Quick and easy train the trainer model at low cost
- The ability to be able to implement this training to schools/parents in a short period of time
- Targets health prevention and early help, preventing problems from escalating and affecting other areas of health, mental health, and daily life

Individual benefits:

- Gives participants the opportunity to develop their CPD
- Gives participants the confidence to deliver courses they have not done previously
- Gives participants the reassurance the course clinically accurate as is made in partnership with SAPHNA
- Provides participants with a course PowerPoint they can use straight away
- Provides participants with a space to speak with someone who delivers this training regularly

What delegates have said about the training:

- The trainer "was very knowledgeable and experienced. I found her interesting, and she allowed us to discuss issues relevant to our service which differ from other school nursing services"
- "Thank you for facilitating the training. I felt comfortable to contribute and to ask questions. I greatly benefited from the course and the knowledge shared"

For more information and to register for the training please click <u>here</u>.

We are always on the lookout for experienced nurses to deliver this important training, if you are interested in becoming a trainer, please contact <u>Info@saphna.co</u>

The Lancaster Model



Improved Public Health Reporting Using The Lancaster Model

Our world of Data continues to grow and evolve, it provides a path that measures progress in every area of our lives. Data reporting goes hand in hand with data analysis and evidence-based actions.



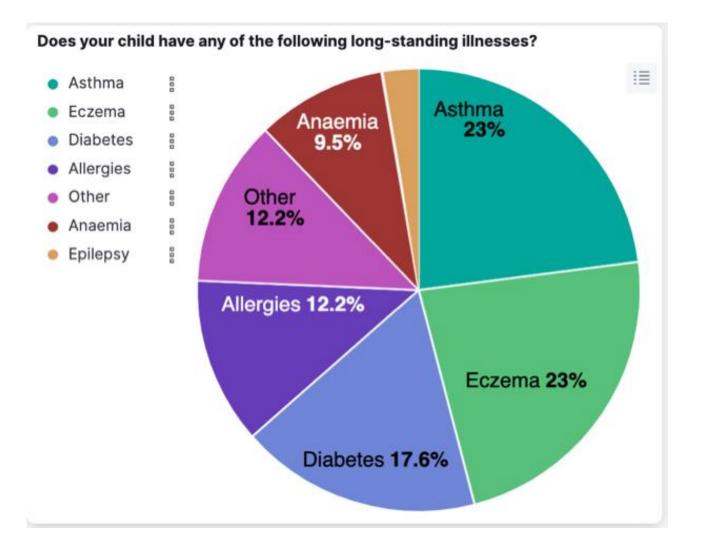
However, Data also has a very human element, it is sometimes easy to just see "numbers" and forget that they refer to actual individuals and populations and the support and help they require. The Lancaster Model[®] and Digital Portal provide all the above, by ensuring that data collected is analysed and reported accurately and simplistically.

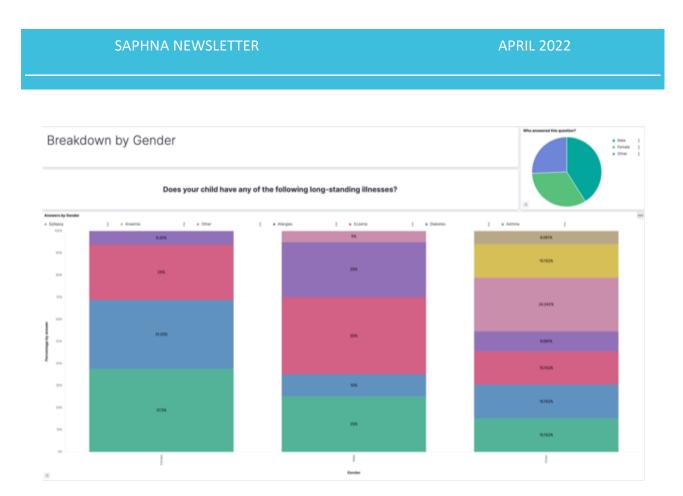
We are excited to share with you that our new reporting system will be launching this summer, this has been evaluated in an area currently using TLM and we can now share some early snapshots of how this will look and function.

Universal Health	Oral health	Vision	Hearing
Universal Health dashboard	Oral health dashboard	Vision dashboard	Hearing dashboard
.R&P (safety)	Family Health	Dev milestones (language)	Dev milestones (motor skills & movement)
Rap (safety) dashboard	Eamily Health dashboard	Dev milestones.(language) dashboard	Dev milestones (motor skills & movement) dashboard
R&P (attachment theory)	Emotional Health	Diet	Physical activity
B&P (attachment theory) dashboard	Emotional Health dashboard	Piet dashboard	Physical activity dashboard

Reporting information will be set out in key themes (some shown above), making access to the right data very straightforward and quick. Clicking into these sections will then allow you to drill down further for example, by region, area, school, date, and gender. Bespoke reports are downloadable, flexible, and shareable by School Health Teams with their partner organisations where appropriate.

Information is analysed and presented clearly in a new pictorial format.





Phase 2 will follow in early autumn, generating even deeper insights for Public Health Information and east to use functionality to enhance your Specialist Community Public Health Nursing role.

As always, if you have any questions around The Lancaster Model[®], the Digital Portal or the new reporting system, do contact:

Kath Lancaster- Kath@tlmhapi.co.uk

Barbara Donalson – <u>Barbara@tlmhapi.co.uk</u>

The Lancaster Model The Lancaster Model

Thompson Screening

Maximising Parental Engagement with School Nursing – What's the Magic Formula?

We're inviting SAPHNA members to join the conversation as to how best to engage parents. Bring your thoughts and experiences so we can all learn from each other.

PARENT PORTAL ENABLES MEASUREMENT OF ENGAGEMENT

We're seeing more and more school nursing providers using the SchoolScreener Parent Portal to support parental engagement. And not just for consent, they're using it for disseminating information and results sharing, where relevant (e.g., vision checks).

SchoolScreener

What is SchoolScreener[®]?

Used over 2 million times, SchoolScreener[®] is a robust software platform that supports school nursing services.

There are apps to automate vision and hearing screening, recording child height and weight data, online health needs questionnaires and immunisation programmes.

It also speeds up 2-way communications. Such as sharing consent, public health information and test results.

With rapid implementation in 6 weeks or less, service providers soon benefit from capacity building and cost savings.

We work closely with school nursing services. We understand their work and what they need. SchoolScreener[®] reduces the time spent on routine tasks, releasing more time for care.

This, of course, produces more data to help school nursing services measure the success of parent engagement activities. One way of measuring is how many messages are opened (and when). Without naming any specific services, we've seen:

- Engagement rates over 65% for some messages, and
- Engagement rates under 25% for other messages.

Higher rates of engagement undoubtedly occur for more compelling messages, such as seeking consent for vaccination. At the other end of the spectrum, health information leaflets tend to attract lower engagement rates. As we all know, these messages are very important, so we want to help improve engagement of parents.

We've helped some Providers with videos designed to explain services and new processes, both to parents and the schools themselves. But these videos, we suspect, are seen more by already-engaged parents. We'd like to help Providers reach larger numbers of parents.

HOW CAN WE ALL ENGAGE BETTER WITH PARENTS?



This is a challenge for everyone, and we can all learn from each

other. So, we'd like to hear stories from you about the best (and worst) ways to engage parents you've seen.

- Is it through schools or do you go direct?
- Is there a magic formula?
- 100% engagement is desirable but no doubt impractical. What's the best you could hope for?
- How do you design your messages?
- What media do you use?



Use Twitter to join in the discussion <u>@SchoolScreener</u> using #SchoolScreenerEngage. Also, we'll be adding this as a discussion thread at our next SchoolScreener User Forum meeting.

P.S. Join SchoolScreener and UNICEF to fund-raise for the children of Ukraine: <u>https://schoolscreener.com/unicef-ukraine-appeal/</u>

SchoolScreener

SAPHNA NEWSLETTER

APRIL 2022

Resources



Children and Young People with Needle Phobia

Following requests how best to support children and young people with needle phobia, SAPHNA have produced guidance based on current information and available examples of best practise.

SAPHNA Guidance Children young people and needle phobia March 2022.pdf

Children and Young People with Long Covid

LONG COVID KIDS

SAPHNA have recently met with Long Covid Kids to explore how we can work together to support children and families affected.

Long Covid Kids | Charity | Post Covid Syndrome

SEPSIS Awareness



The UK Sepsis Trust have developed **free educational resources for schools** that have been downloaded over 300 times. The resources include:

- Sepsis lesson plans (Key Stages 1-5) and PowerPoint slides
- Teachers' notes for each slide detailing additional information, topics to discuss and questions to ask
- Engaging embedded videos, featuring Dr Ranj Singh
- Case studies of young adults who have been affected by sepsis (KS4/5 lessons only).



What is Sepsis?

Sepsis is the body's life-threatening overreaction to an infection, including COVID-19. Without timely treatment, it can rapidly lead to organ failure and death. This devastating condition is responsible for around 48,000 deaths every year in the UK – more than bowel, breast and prostate cancer combined – but many people still don't know how to spot it.

Can you help? The Sepsis Trust are looking for an Academy trust to pilot their resources. Please contact Brian.Davies@sepsistrust.org.uk

Guidance tools for GP's and GP Practices – roles and responsibilities Looked after Children and Care Leavers

Designated looked After Children Doctors, Sharon Kefford (Surrey) and Tamsin Robinson (NW London) have produced professional guidance tools for GP's and GP Practices highlighting their roles and responsibilities with regard to looked after children and care leavers. The project was a joint venture between health and social care professionals in Surrey and the London Borough of Ealing.

E- training and information pack comprises of a 'Train the Trainer' slide deck, two short practical guidance videos and one leaflet on needs of Care Leavers and one leaflet on needs of Looked After Children. The resources can be used stand alone or in combination.

All the material was produced in collaboration with care experienced young people in Surrey and Foster Carers in Ealing. Please feel free to use and distribute.

Please follow below links for the PowerPoint presentation https://future.nhs.uk/safeguarding/view?objectId=18390832

Charlee Waller Trust Webinars

Webinars in June...

Perfectionism in Young People: Practical Tips for Parents, Carers and Teachers Jenny Langley Friday 12 June 12pm Wednesday 29 June 6pm

County Lines and Safeguarding: The Teen Brain, Crime and Gangs Alex Cochrane and Debbie Spens Wednesday 15 June 12pm Tuesday 28 June 6pm



VIEW HERE

Training / Events

SAPHNA Training Offer

SAPHNA offers a full and comprehensive range of training for professionals working with school aged children and young people. Take a look at the website to see the extensive options available!

What we do | SAPHNA – School and Public Health Nurses Association

View our current training and learning opportunities flyer here

Research

First Steps into Research



A programme to ignite passion and interest in research and give the motivation, skills, and knowledge to create a pathway to future career in health and social care research.

First Steps into Research Promotion Sept 2022 (1) (1).pdf

Learning from School Nursing practices and new ways of working in the Covid-19 pandemic.

WE NEED YOUR HELP!



Are you a School Nurse working in England or Wales? Do you have 15-20 minutes to complete a short survey on how Covid-19 has impacted on your practice?

Have your say! Take part in a brief online survey about the benefits and challenges of School Nurses' work during the Covid-19 pandemic.

This brief online survey will enable you to share your experiences of new ways of working remotely and creatively with children and young people. Funded by the General Nursing Council for England and Wales Trust researchers from Oxford Brookes University, the University of Birmingham and Oxford Health NHS Foundation Trust want to find out from school nurses how practices have changed and developed because of the Covid-19 pandemic.

Your contribution will help to map the new ways of working that were adopted and will inform guidance beyond the pandemic and strengthen service delivery in the long term.

Please contribute to this new piece of research exploring how Covid-19 changed school nurses working practices.

Qualtrics Survey | Qualtrics Experience Management

Screening Children in School for Type 1 diabetes

ELSA are currently interviewing stakeholders, including school and community nurses to understand their thoughts and ideas around screening children for type 1 diabetes. They would like to hear school nurses' experiences of children with type 1 diabetes and if they think testing children in schools would be feasible.

Contact details form (bham.ac.uk)

The ELSA Study

In the EarLy Surveillance for Autoimmune diabetes (ELSA) study, we are interviewing families such as yours to understand whether you would want to know if your child was at risk of getting type 1 diabetes in the future.



And finally.....

School Nurses and their teams continue to work tirelessly to support the health and well being of children and young people against a backdrop of challenge, austerity and new legislation looming.

SAPHNA will continue to work with partners who share the same vision of enhancing the profession through professional growth and development, therefore, improving the health and well being of children and young people.

They have faith.....



The NHS will last as long as there are folk left with faith to fight for it

— Aneurin Bevan —



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