



## DEFINITION

Coercive internal concealment is one element increasingly common in County Lines activity. It involves drugs being moved from one place to another (or stored for a longer duration) hidden in body cavities, commonly the rectum or vagina, to avoid detection.

Criminal groups use threats, physical violence, and humiliation to coerce children or vulnerable adults into inserting drugs in their bodies. These processes are sometimes filmed, as a means of coercive control.

This is an act of exploitation, and does not indicate that the victim is complicit in drug supply. Care must also be taken not to criminalise children who may have been forced or coerced to commit the act of inserting drugs into other children.

## COMMON TERMS

Several slang terms are commonly used in relation to coercive internal concealment.

**Plugging, stuffing** and **banking** refer to the hiding of drugs (often heroin or crack cocaine) being hidden in body cavities.

**Spooning** is the process of retrieving items that have been plugged rectally, with a spoon or similar object.

## HEALTH IMPLICATIONS OF INTERNAL CONCEALMENT

Internal concealment poses serious risks to the victim, including:

- drug leakage, impactions and obstructions, and overdose
- recurrent Urinary Tract Infections, faecal incontinence, nausea or vomiting
- physical damage, such as tears and abrasions
- soreness in the genital or anal areas, or Sexually Transmitted Infections
- trauma and psychological harm

## SAFEGUARDING IMPLICATIONS OF INTERNAL CONCEALMENT

Individuals who suffer this exploitation can see it as a means of protecting themselves from violence, to evade arrest and detection, and to avoid substances being seized by the police or rival gangs.

Coercive internal concealment is not always seen as a safeguarding concern, because the act is usually carried out 'voluntarily', i.e. victims are coerced into carrying it out themselves.

However, it is very much a safeguarding concern: treating it as a form of sexual violence can help to change attitudes towards criminally-exploited individuals, and ensure they receive adequate support to help them recover.

## LEGAL CONSIDERATIONS

The Sexual Offences Act 2003 cannot currently be used to prosecute individuals who perpetrate this abuse, because:

- coercive internal concealment does not usually meet the definition of assault by penetration, since victims are often groomed to insert drugs themselves
- evidence of a 'sexual motive' or 'sexual gratification' is required for prosecuting the act as a sexual offence
- prosecutors may be unwilling to take this route in court because they might risk losing an opportunity to sentence the perpetrator for other offences

The Children's Society recommends that this abuse is instead prosecuted under the Modern Slavery Act 2015.

## WHAT TO DO IF YOU HAVE CONCERNS

In an emergency, you should dial 999 and speak to the police.

You can also speak to your local police on 101, or speak to **CrimeStoppers** anonymously, on 0800 555 111. If you notice something linked to the railways, you should report your concerns to the **British Transport Police** by texting 61016.

If you have concerns, you must share them through your usual local safeguarding processes.

## SERVICES THAT CAN OFFER ASSISTANCE

Children concerned about their own involvement, or that of someone they know, can call **Childline** on 0800 1111. This is a confidential service, with specially-trained counsellors.

**Catch 22** works to help children and young people get out of situations they're worried about, and has helped many involved in County Lines.

**St Giles** offers specialist practical and emotional support to help young people make a safe and sustained exit from County Lines involvement.

## WHERE TO FIND OUT MORE

The government's **Child Exploitation Disruption Toolkit** has been developed to support partners tackling child criminal and sexual exploitation, through measures such as Slavery and Trafficking Prevention and Risk Orders.

Public Health England's **County Lines exploitation: applying All Our Health** provides information about County Lines and Modern Slavery, as well as advice for health and care professionals, and a comprehensive list of resources, further reading and examples of best practice.