



## CoppaFeel!'s Educational Resources

*Breast cancer awareness charity, CoppaFeel!, are proud to share their new school education resources, with the aim to get all young people across the UK clued up on how to be breast aware.*

CoppaFeel! is proud to share with you their school pack, specifically designed with lesson plans and activities to teach students about breast cancer. The pack sits in line with the Department of Education's Relationships and sex education (RSE) and health education curriculum and has been accredited by the PSHE Association and awarded the PSHE Association Quality Mark. Alongside this, the charity has developed an online teacher module and poster series to support educators in delivering the school pack with confidence. The charity wants to reassure educators that you don't have to be an expert on cancer to deliver quality and effective cancer education.

CoppaFeel! hopes that with [these new resources](#), educators will feel confident to teach students about breast cancer, meaning that more young people across the UK will be educated on the topic and therefore breast aware. All resources can be easily downloaded or accessed free of charge from [coppafeel.org](http://coppafeel.org).



Since 2013, CoppaFeel! has been campaigning for better health education and cancer education to be made a compulsory part of the national curriculum through their [#RETHINKCANCER](#) Campaign. Born from this campaign and a need for cancer education resources, the charity worked with their Education Advisory Group, teacher volunteers and the PSHE Association in creating a school pack which aims to be an easy way to bring cancer education into the classroom, benefiting both the school curriculum and future health behaviours of young people.



## Editor's notes

### About CoppaFeel!

CoppaFeel! aims to ensure that all breast cancers are diagnosed at the earliest stage possible by educating people on the signs and symptoms of breast cancer, encouraging them to check regularly and instilling the confidence to seek medical referral if they detect abnormalities. Currently 5% of diagnosed cases are already at stage IV with breast cancer being the second most commonly diagnosed cancer in women under 30 in the UK (181 new cases diagnosed and 12 deaths annually). CoppaFeel! is the third most recognised breast cancer charity amongst young people and those aware of CoppaFeel! are 58% more likely to check their boobs regularly than those not aware (CoppaFeel! research, sample based upon 18 – 29 year olds. May 2019 research).

The #RETHINKCANCER Campaign was launched in 2013 by CoppaFeel! to campaign for cancer education to be made statutory on the national curriculum. The campaign set out to ensure all pupils receive access to cancer education in schools, all teachers receive appropriate training and all schools have protected time to deliver the teaching. The campaign launched with a projection on the houses of parliament and through discussing the issue of cancer education on a BBC documentary about founder Kris Hallenga, Kris: Dying to Live. The campaign has delivered pilots in schools to test the impact of cancer education on pupils and worked with institutions such as Winchester University and the University of Warwick to peer review their findings. For more information visit [rethinkcancer.com](http://rethinkcancer.com).

Click [here](#) for CoppaFeel's new education resources.

Find out more about CoppaFeel! at:

[www.coppafeel.org](http://www.coppafeel.org)

Instagram and Twitter @coppafeelpeople

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More details on the new Health and Relationships curriculum and the Department of Education can be found [here](#).