**Warwickshire School Health and Wellbeing Service**

**Year 5 Review Health Assessment-Case Study- A**

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| **Name:** | **Anne Tomkinson**  **School Nurse** | **Warwickshire Area:** | **Rugby** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| The young person was looked after by the Local Authority and School Health were requested to complete a Review Health Assessment. |
| **Please describe the care you provided:** |
| I contacted that Foster Carer to ascertain if the young person would be comfortable carrying out the RHA via the telephone due to the Government/Service restrictions during the Covid-19 outbreak. I was advised that they would be happy to talk to me via the telephone and a date was agreed to contact them back to complete the RHA. The blank SDQ score forms were emailed to the Foster Carer to be completed and posted back to the School Health Team.  I completed the RHA with the young person on the agreed date and they advised me that they preferred to talk to me via the telephone rather than face to face. |
| **Please describe the outcomes of the care provided to the service user:** |
| The care being provided by the Warwickshire School Health and Wellbeing Service ensured that the RHA was completed fully with the young person ensuring that their physcial, social and emotional wellbeing was being prioritised.  The young person engaged very well within the assessment and advised me that they found it easier to talk to me over the telephone rather than face to face. I felt that due to the young person being comfortable with this and also being within their own home, they spoke a lot more than they would have done if the RHA had been carried out face to face within either a clinical setting or school.  I felt the young person felt listened to fully as there was no distractions and they advised me that they had really enjoyed talking to me today.  I was also able to hear the positive interaction between the young person and the Foster Carer which was delightful to hear.  This intervention being provided by myself allowed me to build up invaluable trust/rapport with the young person and enabling them to feel listened to and confident to share any issues or concerns that they may have. |
| **Could you describe the impact of WSHWBS support on this particular contact:** |
| Outcomes:-  Through their engagement with School Health Team, the young person:   * Is benefiting from having someone professional to talk to. * Is receiving immediate physical, social and emotional wellbeing support. * The intervention was conducted in a way that the young person identified that they preferred. * As a result of the young person feeling comfortable they shared a lot more information with the School Nurse. * The School Nurse is building a rapport/trust with the young person * The young person has an outlet to share any issues or concerns in respect of their placement. * A thorough and comprehensive RHA was completed by the School Nurse. |