**School Health and Wellbeing Service**

**Case Study**

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|  |  |  | **Northumbria Healthcare Foundation Trust. Special School Nursing** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| During weekly telephone contact with a family, the parent disclosed that their child who has autism and learning disabilities had tried to commit suicide and was hearing voices telling him to do things. At the time the crisis team were called but now they had very little support. The child was also harming their younger sibling. The parent asked me for family support. |
| **Please describe the care you provided:** |
| Regular telephone contact to provide support and listening for parents.  I liaised with the Community Learning Disability Team regarding their support and to relay the families concerns.  I liaised with the child’s consultant to request a medication review and arranged for repeat medication, ready for the parent to collect.  I provided contact numbers for various support networks for parents including the Carers Centre and parent support helplines.  Following on-going discussion with the parent and continuing concerns the parents agreed for me to make a referral to children’s services. |
| **Please describe the outcomes of the care provided to the service user:** |
| Child remains safe, with on going support.  Family feel able to support child with the help of on going special school nurse support for them.  Medication was arranged for the parent to collect to ensure consistent compliance.  Review of the child’s plan and medication was actioned by the child’s consultant psychiatrist.  All services involved in the child’s care are fully informed and aware of the concerns.  Parents supported and listened to. |
| **Could you describe the impact of your intervention:** |
| The child and family are being supported. Medication is available and being regularly reviewed by the consultant. Other specialist services are now also supporting the family. |