**Manchester Case Study**

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| **Name:** |  |  | **Manchester** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| * **Suicidal looked after young people x2 (one week)**
* **Drugs overdose one looked after young person due to COVID stress**
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| **Please describe the care you provided:** |
| * **Telephone contact with suicidal looked after young people awaiting referrals to CAMHS**
* **Support, advice, self-help, coping strategies, re-referral**
* **Drugs overdose YP hospitalised after sharing with nurse had taken it**
* **Discharged with SN and Looked after children’s nursing team to provide ongoing support whilst awaiting CAMHS offer**
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| **Please describe the outcomes of the care provided to the service user:** |
| * **CAMHS unable to accept referral so service left holding cases**
* **Regular telephone contact agreed, clients report feeling less anxious and welcome the care and professionalism of the nurse**
* **Knowing and having details given so can call SN/LAC nurse and other services when feeling low very welcome and felt ‘cared for’**
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| **Could you describe the impact of your intervention:** |
| * **Lowered levels of worry, anxiety and diluted suicidal feelings/intent**
* **Re-referral to CAMHS accepted (though no service offers just now)**
* **Clients motivated to self-help and seek help**
* **All YP feel supported by nursing services and able to access in furture**
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